

WRESTLE NOW

CONNECT MEMBERS TO ONE ANOTHER

Who is the one person you go to in your life to get honest feedback about how you're doing?

What is it about that person that makes them safe/trustworthy/helpful?

Can you think about a time in your life where you wrestled with something very important and you were able to come out of it in a better place?

CONNECT MEMBERS TO GOD

In Galatians 5, Paul parallels the Fruit of the Spirit against the Desires of the Flesh (sexual immorality, impurity, lustful pleasures, idolatry, sorcery, hostility, quarreling, jealousy, outbursts of anger, selfish ambition, dissension, division, envy, drunkenness, wild parties, and other sins like these).

What do the Desires of the Flesh have in common with each other?

Why are these particularly dangerous to our relationships with God and others?

How can we learn from Captain Charlie Crumb to "not waste any of our struggles in life"?

MESSAGE APPLICATION

In the message we looked at the story where Jacob wrestled with God. We also learned that we need to wrestle with God about our fears, mistakes, addictions, and challenges in life. When we wrestle with God we open up the possibility to strengthen our faith and find our purpose in the world. The key is to not wait till later, but rather Wrestle Now. And the best way to wrestle is with help from the Fruit of the Spirit: love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, and self-control. These are the fruit that can grow in a Christian's life.

What are you being called to wrestle with in your life right now?

Which of the fruit of the Spirit would best help you wrestle in the right way?

What do you think can happen in your life if God helps you overcome this particular struggle?

Let's demonstrate the fruits of the Spirit in our community! Challenge yourself to do two random acts of kindness for strangers and consider supporting local businesses in your neighborhood (suggestions below). Drop flowers at neighbor's mailbox/walkway, just because. Leave a nice comment for someone on social media.

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