COMMUNITY GROUP QUESTIONS

7.10.22 - FOLLOW YOUR HEART

CONNECT GROUP MEMBERS TO EACH OTHER

Share a time when "following your heart" would have been a bad idea.

Identify some movies, TV shows, books, etc. in which "follow your heart" *(or a variation of it)* was advice given to a main character.

CONNECT MEMBERS TO GOD

In the message, we learn that "original sin" corrupts our heart. Far from being a source of truth and wisdom, our heart can lead us astray if we follow it. It was Adam and Eve's hearts that blinded them to Satan's motive and tempted them to distrust. Jesus says in Mark 7:21-22 that "...out of men's hearts come evil thoughts, sexual immorality, theft, murder, adultery, greed, malice, deceit, lewdness, envy, slander, arrogance, and folly." Simply put, our heart is a terrible guide.

Before this series, have you ever considered that this advice has unintended consequences?

Critique of this statement is particularly focused on our fallen nature. Sin makes it difficult to do what's right rather than what feels good. Do you think it's possible to "follow your heart" and stay true to God's plan for your life in light of what the Bible teaches us about our innate inclination to sin? Explain your answer.

Proverbs 3:5-6 instructs us, "Trust in the Lord with all your heart and lean not on your own understanding; in all your ways submit to him, and he will make your paths straight." This passage encourages you to use your heart in your journey to **love, learn** from, and **live** for Jesus. Discuss what role the heart plays in this verse that differentiates it from the role it plays in the "follow your heart" cliché.

APPLY THE TEACHING

How will you "feed" your heart in the week ahead to strengthen your relationship with Jesus?

Find some Bible verses that contain wisdom like Proverbs 3:5-6 that provide guidance that you could use in place of "follow your heart."